

# Startliste – Op/ned 2. og 3. division.

2019-09-22

<b>Beg</b>		<b>2525 meter</b>	<b>Start</b>
–	Ingrid Baun Gautier	OK Sorø	250036
–	Martin Madsen	Holbæk OK	2127798
–	Rikke Kofoed	OK ØST Birkerød	887790
–	Viktor Brunn Fugmann	Ballerup OK	
<b>H10</b>		<b>2525 meter</b>	<b>Start</b>
–	Adam Holst Friberg	OK Sorø	423319
–	Alexander Johannes Mosbech Smith	OK ØST Birkerød	2134103
–	Jonathan Vejgaard Andersen	Ballerup OK	308108
–	Noah Hjorth	Ballerup OK	302188
–	Rune Cederberg	Ballerup OK	202099
–	Silas Hoffmann	OK Sorø	8170610
–	Theodore Snedker Østervemb	Holbæk OK	2127793
–	Viktor Aglund Andersen	OK ØST Birkerød	1428700
<b>H12</b>		<b>3350 meter</b>	<b>Start</b>
12:11	Gustav Holst Friberg	OK Sorø	8666082
12:12	Tobias Lysgaard-Hansen	Holbæk OK	2127820
12:13	Marin Philbert	OK ØST Birkerød	1420129
12:14	Mads Ottar Jespersen	OK Sorø	887599
12:15	Caspian Bo Christensen	Holbæk OK	8004604
<b>H12B</b>		<b>2525 meter</b>	<b>Start</b>
–	Stian Hoffmann	OK Sorø	8280807
<b>H14</b>		<b>5075 meter</b>	<b>Start</b>
11:36	Sofie Okkels Jensen	OK Sorø	2085941
<b>H14B</b>		<b>3350 meter</b>	<b>Start</b>
12:16	Asbjørn Gemmer Hanghøj	Ballerup OK	666407
12:17	Jacob Lund Kolenda	Holbæk OK	2085944
12:18	Eskild Gemmer Hanghøj	Ballerup OK	666393
<b>H16</b>		<b>5925 meter</b>	<b>Start</b>
11:39	Oskar B. Fugmann	Ballerup OK	
11:40	Vilhelm Hørring Riegels	Ballerup OK	249495
<b>H18</b>		<b>8000 meter</b>	<b>Start</b>
11:30	Søren Thrane Ødum	OK ØST Birkerød	1401499
11:31	Hubert Schibsbye Møller	OK Sorø	2061217
11:32	Magnus Andersen	Ballerup OK	8009104
11:33	Gabriel Bo Christensen	Holbæk OK	2127795
<b>H20</b>		<b>8000 meter</b>	<b>Start</b>
11:34	Mikkel Ottesen	Ballerup OK	249361
11:35	Eskil Solvang	OK Sorø	441035
<b>H20B</b>		<b>5075 meter</b>	<b>Start</b>
12:04	Emil Ebbensgaard	OK ØST Birkerød	
12:05	Jacob Meldgaard	OK ØST Birkerød	8645168

**H21**

11:36	Kasper Ingerslev
11:37	Mathias Klinkby
11:38	Søren Skaarup Larsen
11:39	Henrik Nielsen
11:40	Anders Vejgaard
11:41	André Didier Gautier
11:42	Mikkel Ebbensgaard
11:43	Kenneth Thomsen
11:44	Jimmy Hoen
11:45	Michael Sørensen
11:46	Peter Hansen
11:47	Frederik Erskov Krogh
11:48	Mikkel Skaarup
11:49	Brian Steen Jørgensen
11:50	Marius Thrane Ødum
11:51	Peter Lauritzen
11:52	Asker Øhlenschläger
11:53	Kristian Kærsgaard Hansen

**8000 meter**

Ballerup OK	891709
Holbæk OK	426974
OK ØST Birkerød	1201163
Holbæk OK	8646075
Ballerup OK	8640533
OK Sorø	8100983
OK ØST Birkerød	1398730
OK Sorø	8640530
Ballerup OK	2086036
OK ØST Birkerød	770918
OK Sorø	500644
OK ØST Birkerød	1401710
Ballerup OK	522091
Holbæk OK	8670534
OK ØST Birkerød	680034
Holbæk OK	778810
OK ØST Birkerød	1450240
OK Sorø	7171066

**Start****H21B**

12:06	Martin Hjorth
12:07	Simon Philbert
12:08	Anders Frydendal Jensen
12:09	Christian Toldberg Andersen
12:10	Jacob Egholm

**5075 meter**

Ballerup OK	1170281
OK ØST Birkerød	2033746
Holbæk OK	2127818
OK ØST Birkerød	
Ballerup OK	442567

**Start****H40**

11:47	Finn Skouenborg
11:48	Kenn Basse
11:49	Jesper Munch Jespersen
11:50	Bjark Bo Christensen
11:51	Stephen Hall Reusch
11:52	Pierre Husted Sigvardsen
11:53	Jens Lerche Mortensen
11:54	Lars Sørensen
11:55	Søren Klinkby
11:56	Asger Habekost Nielsen
11:57	Stig Møller
11:58	Claus Cederberg
11:59	Morten Bang Nørgaard
12:00	Mikael Scheby
12:01	Ronnie Hjorth

**7300 meter**

OK ØST Birkerød	1416979
Ballerup OK	8657107
OK Sorø	8620952
Holbæk OK	9101045
OK ØST Birkerød	1421523
Holbæk OK	239235
OK Sorø	216728
OK ØST Birkerød	1402998
Holbæk OK	896951
OK ØST Birkerød	504433
OK Sorø	1410794
Ballerup OK	7680504
OK ØST Birkerød	8140772
OK Sorø	2117591
Ballerup OK	7000607

**Start****H45B**

11:42	Lars Bech Jensen
11:43	Kenneth Egelund Ravn
11:44	Bo Christoffersen
11:45	Jesper Andreas Tågholt
11:46	Henrik Snedker Pedersen
11:47	Frank Stott
11:48	Rasmus Stampe Hjorth
11:49	Hans Granholm
11:50	Sten Vesterli
11:51	Per Windfeld-Hansen

**5075 meter**

Ballerup OK	440295
Holbæk OK	2127808
OK Sorø	2085954
Ballerup OK	981772
Holbæk OK	8621025
Ballerup OK	1041162
OK Sorø	8030474
OK ØST Birkerød	427612
Ballerup OK	341274
OK ØST Birkerød	8631626

**Start**

11:52	Hannibal Sander	Ballerup OK	439317
11:53	Klaus Andersen	Holbæk OK	2127807

**H50**

12:05	Preben Klavsen	Holbæk OK	8640541
12:06	Jens Bentsen	OK ØST Birkerød	1413385
12:07	Alex Ottesen	Ballerup OK	702200
12:08	Søren Madsen	OK Sorø	1421506
12:09	Jan Eg Pedersen	OK ØST Birkerød	500490
12:10	Kåre Sørensen	OK Sorø	1406280
12:11	Jan Thiesen	Holbæk OK	420166
12:12	Erik Ellegaard Simonsen	OK ØST Birkerød	434105
12:13	Martin Munk	OK Sorø	441080
12:14	Carsten Gemmer Hanghøj	Ballerup OK	660743
12:15	Anton Lauritzen	Holbæk OK	778808
12:16	Henrik Steen Andersen	OK ØST Birkerød	1417058
12:17	Troels Christensen	Ballerup OK	501268
12:18	Kenneth Lund	OK Sorø	2061216
12:19	Morten Ebbensgaard	OK ØST Birkerød	889250
12:20	Jens Frandsen	OK Sorø	7202756
12:21	Henrik Petersen	Ballerup OK	239226

**5925 meter****Start****H60**

12:08	Hans Lykke	Holbæk OK	2127794
12:09	Erik Øhlenschläger	OK ØST Birkerød	1450234
12:10	Gregers Jørgensen	Ballerup OK	8635885
12:11	John Pedersen	OK Sorø	308191
12:12	Jens Peter Gundorf	OK ØST Birkerød	8646091
12:13	Bent Jensen	Holbæk OK	8631598
12:14	Peter Nørgaard	Ballerup OK	8050005
12:15	Thomas Kragh Christensen	OK ØST Birkerød	1402953
12:16	Jan Sørensen	OK Sorø	9102278
12:17	Svend Tantholdt	OK ØST Birkerød	1401724
12:18	Jørgen Skaarup	Ballerup OK	500108
12:19	Steen Jeppesen	Holbæk OK	1406274
12:20	Jan Jakobsen	OK ØST Birkerød	202006
12:21	Lars Hanghøj Petersen	Ballerup OK	1290555
12:22	Steen Lund	OK Sorø	351380
12:23	Thomas Østergaard	OK ØST Birkerød	8640545
12:24	Flemming Vejen	Ballerup OK	420167
12:25	Knud Madsen	OK Sorø	308188

**4950 meter****Start****H70**

11:41	Tage Frydendal	Holbæk OK	302107
11:42	Poul Gregersen	Ballerup OK	1411619
11:43	Claus Palm	OK ØST Birkerød	
11:44	Per Christoffersen	Ballerup OK	682126
11:45	Mogens Jensen	Holbæk OK	8667790
11:46	Tage V. Andersen	OK ØST Birkerød	8664231
11:47	Marek Mir-Mackiewicz	Ballerup OK	2119079
11:48	Henrik Lawaetz	OK Sorø	308183
11:49	Finn Hultengren	Ballerup OK	308067
11:50	Jens Saxtorph Kofod	OK ØST Birkerød	2128791
11:51	Jan Kristoffersen	Ballerup OK	8633623
11:52	Flemming Olsen	OK Sorø	7300389
11:53	Viggo Hansen	Ballerup OK	1452116
11:54	Lasse Schnack	OK ØST Birkerød	1410800

**4350 meter****Start**

<b>H80</b>		<b>3075 meter</b>	<b>Start</b>
11:33	John Jensen	Holbæk OK	1421734
11:34	Ole Ring	OK Sorø	501133
11:35	Govert Heede	Ballerup OK	308090
<b>H-Let</b>		<b>3350 meter</b>	<b>Start</b>
12:19	Jonas Ebbensgaard	OK ØST Birkerød	
12:20	Torben Schorlemmer	Ballerup OK	1190761
12:21	Leif Engborg	Holbæk OK	2089968
12:22	Peter Krogh	OK ØST Birkerød	1401719
12:23	Michael Hjorth	Ballerup OK	1170297
<b>D10</b>		<b>2525 meter</b>	<b>Start</b>
–	Amanda Hershøj-Hjorth	Ballerup OK	302137
–	Andrea Hershøj-Hjorth	Ballerup OK	302136
–	Camille Friis Scheby	OK Sorø	2105238
–	Gabi Günther Madsen	Holbæk OK	2127785
<b>D12</b>		<b>3350 meter</b>	<b>Start</b>
12:02	Iris Møller	OK Sorø	2061213
12:03	Astrid Rosa Husted Sigvardsen	Holbæk OK	202017
12:04	Alma Okkels Jensen	OK Sorø	2085945
<b>D12B</b>		<b>2525 meter</b>	<b>Start</b>
–	Freja Brunn Fugmann	Ballerup OK	
<b>D14</b>		<b>3900 meter</b>	<b>Start</b>
11:37	Kamma Aglund Andersen	OK ØST Birkerød	1410799
11:38	Clara Friis Scheby	OK Sorø	2105237
11:39	Alma Olivia Hørring Riegels	Ballerup OK	249481
11:40	Miri Brunstedt Nørgaard	OK ØST Birkerød	8030406
11:41	Thea Hoffmann	OK Sorø	8180605
<b>D14B</b>		<b>3350 meter</b>	<b>Start</b>
12:05	Alvilde Gemmer Hanghøj	Ballerup OK	666218
<b>D18</b>		<b>7300 meter</b>	<b>Start</b>
11:30	Laura Saxtorph Schulz	Ballerup OK	1071002
11:31	Emma Bloch Frandsen	OK Sorø	9160301
<b>D20</b>		<b>7300 meter</b>	<b>Start</b>
11:32	Karoline Saxtorph Schulz	Ballerup OK	1081100
11:33	Marie Erskov Krogh	OK ØST Birkerød	1401717
<b>D20B</b>		<b>3900 meter</b>	<b>Start</b>
12:11	Cecilie Frydendal Jensen	Holbæk OK	2127791
<b>D21</b>		<b>7300 meter</b>	<b>Start</b>
11:34	Nina Hoffmann	OK Sorø	8250573
11:35	Ida Mosbech Smith	OK ØST Birkerød	2074609
11:36	Astrid Riis	Holbæk OK	1402952
11:37	Henriette Baun Gautier	OK Sorø	415566
11:38	Signe Hartvig Petersen	OK ØST Birkerød	202044
11:39	Tanja Fjelbro Klavsén	Holbæk OK	1417320
11:40	Anne Marie Thommesen	Ballerup OK	7201389
11:41	Miri Thrane Ødum	OK ØST Birkerød	8667856
11:42	Amalie Snedker Mosbæk	Holbæk OK	8641006
11:43	Hanne Frost	Ballerup OK	1428720

11:44	Pernille Sommer	OK ØST Birkerød	8645165
11:45	Anette Lindegård Christensen	Holbæk OK	421568
11:46	Maj Weise Christiansen	Ballerup OK	212248
<b>D21B</b>		<b>3900 meter</b>	<b>Start</b>
12:12	Birte Langkilde	Ballerup OK	420163
12:13	Charlotte Günther Madsen	Holbæk OK	8656835
12:14	Trine Hershøj	Ballerup OK	681773
12:15	Christina Elstorp	Holbæk OK	2127786
12:16	Maja Thorsen	Ballerup OK	
<b>D40</b>		<b>5925 meter</b>	<b>Start</b>
11:55	Janni Helweg	Ballerup OK	7070771
11:56	Pernille Brunstedt Jacobsen	OK ØST Birkerød	504400
11:57	Bente Frydendal Jensen	Holbæk OK	2127796
11:58	Anja Rasmussen	OK Sorø	2086038
11:59	Diana Cederberg	Ballerup OK	750619
12:00	Ditte Marie Olesen	Holbæk OK	8658644
12:01	Katja Brunstedt	OK ØST Birkerød	8290174
12:02	Jytte Jørgensen	Holbæk OK	8657119
12:03	Helle M. Frederiksen	Ballerup OK	340152
12:04	Tine Friis Scheby	OK Sorø	8631589
<b>D45B</b>		<b>3900 meter</b>	<b>Start</b>
11:54	Signe Hanghøj	Ballerup OK	662512
11:55	Lea Ovesen	Holbæk OK	1170294
11:56	Liselotte Elgård Nielsen	OK ØST Birkerød	202007
11:57	Anne Skov Nielsen	Ballerup OK	439316
11:58	Karina Randrup Nielsen	Holbæk OK	8645148
11:59	Anne-Mette Stampe Hjorth	OK Sorø	8111274
12:00	Sanne Lund Kolenda	Holbæk OK	1402968
12:01	Alice Brødsgaard	Ballerup OK	441271
12:02	Cristina Kümmel	Holbæk OK	2127801
12:03	Sanne Ifversen Hansen	OK Sorø	423337
<b>D50</b>		<b>4950 meter</b>	<b>Start</b>
11:54	Susanne Vestergaard	OK ØST Birkerød	341046
11:55	Siri Klausen	Ballerup OK	601221
11:56	Merete Kleist	OK Sorø	2119728
11:57	Lisa Tantholdt	OK ØST Birkerød	1402987
11:58	Gitte Grauert	Ballerup OK	1408226
11:59	Anne Willerup	Holbæk OK	1410776
12:00	Mette Rønning Steffensen	OK ØST Birkerød	981604
12:01	Maiken Andersen	Ballerup OK	8009114
12:02	Bodil Klavsén	Holbæk OK	239932
12:03	Nina Okkels	OK Sorø	1410795
12:04	Birgitte Erskov Halland	OK ØST Birkerød	1413373
12:05	Annette Bonde	Ballerup OK	8640550
12:06	Jannie Nielsen	Holbæk OK	1402050
12:07	Anne Bloch Frandsen	OK Sorø	9180268
<b>D60</b>		<b>4350 meter</b>	<b>Start</b>
11:30	Ruth Thiesen	Holbæk OK	8640548
11:31	Bodil M. Mortensen	Ballerup OK	432496
11:32	Tine Demandt	OK Sorø	7160259
11:33	Charlotte Grauert	Ballerup OK	8009115
11:34	Janet Bentzen	OK ØST Birkerød	500180

11:35	Liselotte Andersen	Ballerup OK	407766
11:36	Tove Sonne Andersen	OK ØST Birkerød	8646090
11:37	Ellen Kühn Jensen	Ballerup OK	202087
11:38	Mette Filskov	OK Sorø	8658641
<b>D70</b>		<b>3075 meter</b>	<b>Start</b>
11:30	Kirsten Truelsen	Ballerup OK	1009727
11:31	Ellis Byrgiel Sommer	OK ØST Birkerød	263562
11:32	Lisbeth Jensen	Ballerup OK	302175
<b>D-Let</b>		<b>3350 meter</b>	<b>Start</b>
12:06	Mie Nielsen Kollits	Ballerup OK	
12:07	Carmen Cecilie Christensen	Holbæk OK	432499
12:08	Birgitte Agnes Tågholt	Ballerup OK	
12:09	Tina Ottesen	Ballerup OK	344160
12:10	Maja Ottesen	Ballerup OK	1420750